

Who belongs to the SAP core team?

The core team of SAP consists of the administrators, school counselors, school nurses, teachers, and consultants from community agencies.

- ❖ Mr. Jon Frye, Principal
- ❖ Mrs. Stephanie Sandrock, Assistant Principal
- ❖ Mrs. Sue Mulvey, School Nurse
- ❖ Officer Nicolas Mogel, Resource Officer
- ❖ Mrs. Barb Pepe, Teacher
- ❖ Mr. Jake Scott, Teacher
- ❖ Mr. Barry Anderson, School Counselor
- ❖ Mrs. Amber Warren, School Counselor



For additional information on the services provided by SAP

www.sap.state.pa.us

Contacting the MAMS SAP:
814-333-1188

Emergency: **911**
Meadville City Police: **814-724-6100**
PA State Police: **814-332-6911**

Family and Abuse Concerns
Children and Youth Services:
814-724-8380
Childline (Child Abuse) Hotline:
1-800-932-0313
Women's Services Hotline:
814-333-9766

Suicide/Mental Health Concerns
Crisis Line: **814-724-2732**
National Suicide Hotline:
1-800-273-TALK (8255)
Text: **TALK to 741-741**

Substance Abuse
Crawford County Drug & Alcohol:
814-724-4100
Alcoholics Anonymous:
814-337-4019



Student Assistance Program: A Parent's Guide



Meadville Area Middle School

What is the Student Assistance Program?

Students who are having difficulties at school or at home can be identified and referred for help. SAP is not a treatment program but an intervention program.

Goals of SAP:

- Assist in identifying issues which pose a barrier to a student's academic performance and success including social, emotional, mental health or substance use.
- The primary goal is to provide support and help students overcome these barriers so they can achieve, advance, and remain in school.



How is a Student Referred to SAP?

Students may be referred by a teacher, administration, school counselors, a peer, parents, or self-referrals.



What Happens After My Child Is Referred?

1. Participation in the program is not required and is strictly voluntary.
2. Information (including: student behavior, academic performance, health, & attendance) is gathered from principals, counselors, teachers, and school nurse.
3. The SAP team reviews all information and makes appropriate recommendations. Parent consent must be obtained to utilize services.
4. Confidentiality is maintained throughout the entire process.

Early Warning Signs of Students Who Need Help:

- Decline in academic performance
- Not wanting to go to school
- Change in friends
- Noticeable change in appearance
- Personality changes
- Lying
- Acting aggressively
- Depressed
- Change in sleep patterns
- Need money without any explanation
- Talking about suicide
- Unexplained physical injuries
- Withdrawing from family, friends, or school
- Experimenting with drugs or alcohol
- Lack of responsibility for actions at home and school

Is Your Child Having Trouble Adjusting To:

- Divorce or Separation
- Recent Death
- Other Traumatic Event

