

# PARENT GUIDANCE SERIES

In response to parent concerns about student health and well-being, Crawford Central School District is partnering with ParentGuidance.org to deliver presentations developed by licensed therapists. This series will be virtual, interactive, and is designed to help parents and caregivers support students.

Registration, attendance and interactions are kept totally anonymous from other viewers.



**TIME: 6:30-7:30 pm via Zoom**

**To Register Now...Scan the QR code**

**WED. MAR 1 "Building Your Child's Confidence"**

<https://cookcenter.info/CCMarch1>



**THURS. MAR 23 "School Avoidance"**

<https://cookcenter.info/CCMarch23>



**TUES. APRIL 4 "De-escalating Cycles of Conflict"**

<https://cookcenter.info/CCApril4>



**TUES. APRIL 18 "Emotional Regulation - Recognizing What's Wrong"**

<https://cookcenter.info/CCApril18>



**TUES. MAY 2 "Emotional Regulation - Interrupting Negative Emotions"**

<https://cookcenter.info/CCMay2>



**MON. JUNE 5 "Emotional Regulation - Managing & Replacing Negative Emotions"**

<https://cookcenter.info/CCJune5>



**For registration information, contact Ruth Longstreth at  
[ruth.longstreth@craw.org](mailto:ruth.longstreth@craw.org)**